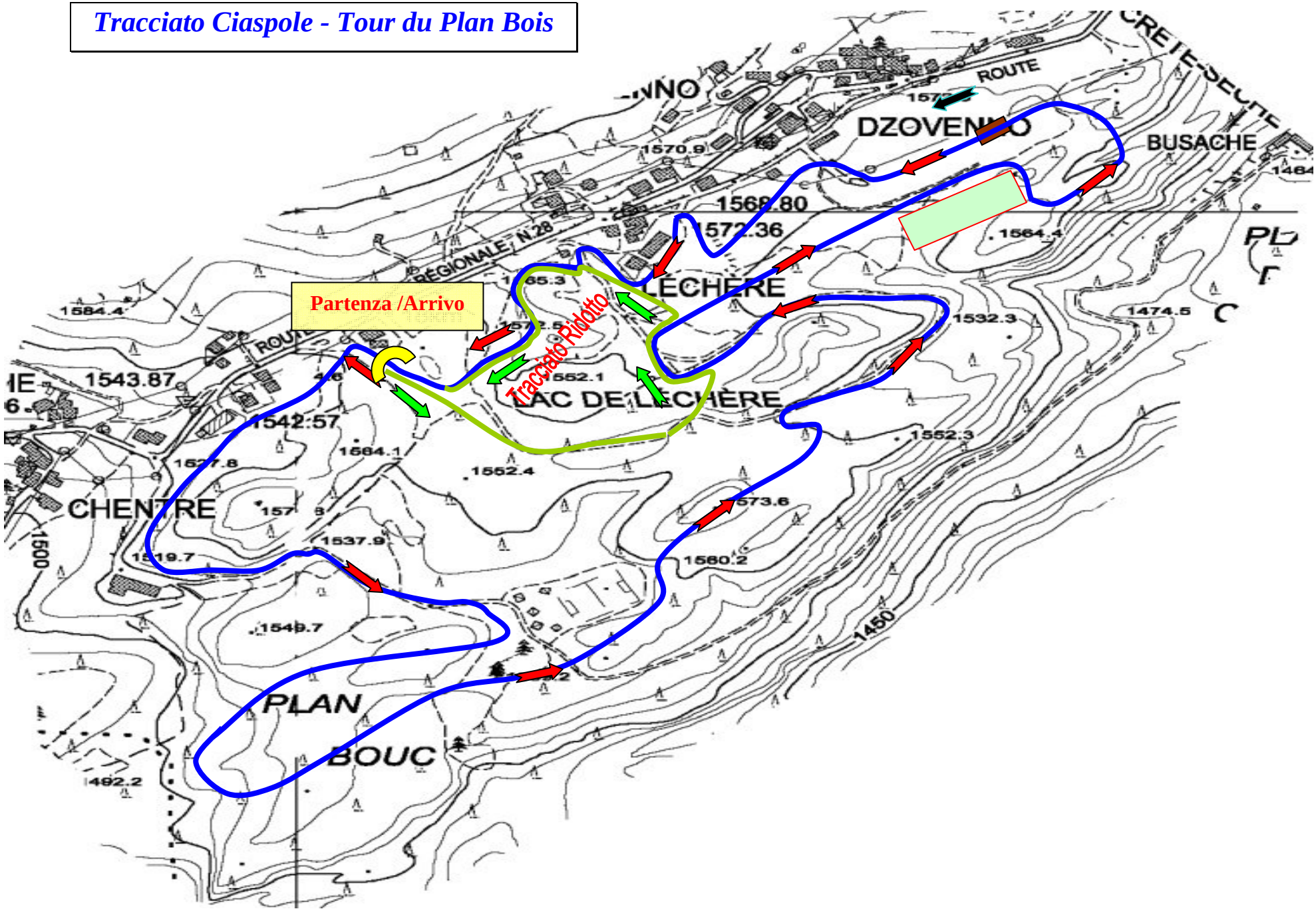Tracciato Ciaspole - Tour du Plan Bois